Ni hao –
It has been a big week at school with our student visitors from Nanjing. We have had 36 children and 3 staff at our school and in Bacchus Marsh from Sunday 21st to Sunday 28th July.

A big thanks to all our families who have taken children into their homes and really cared for them. We hope everyone has had a great experience. The children have been excellent ambassadors for their country. We hope all our children have enjoyed hosting our visitors.
<table>
<thead>
<tr>
<th>Chinese</th>
<th>English</th>
</tr>
</thead>
<tbody>
<tr>
<td>Qing he cha</td>
<td>Please have a cup of tea</td>
</tr>
<tr>
<td>Xie xie</td>
<td>Thanks</td>
</tr>
<tr>
<td>Ni chi bao le ma</td>
<td>Have you got enough food?</td>
</tr>
<tr>
<td>Chi fan le</td>
<td>Breakfast time (Eating time)</td>
</tr>
<tr>
<td>Ni xi huan ma</td>
<td>Do you like it?</td>
</tr>
<tr>
<td>Ni jin tian guo de has ma</td>
<td>Did you enjoy your day?</td>
</tr>
<tr>
<td>Ni hao</td>
<td>Hello</td>
</tr>
<tr>
<td>Ni hao ma</td>
<td>How are you?</td>
</tr>
<tr>
<td>Wo hen hao</td>
<td>I'm good</td>
</tr>
<tr>
<td>Ni jiao shen me</td>
<td>What’s your name?</td>
</tr>
<tr>
<td>Wo jiao ...</td>
<td>My name is .......</td>
</tr>
<tr>
<td>Qing Jin</td>
<td>Please come in</td>
</tr>
<tr>
<td>Qing zuo</td>
<td>Please sit down</td>
</tr>
</tbody>
</table>
BMPS TRIP TO CHINA
On October 25th a group of 25 people (students, parents & teachers) will embark on a visit to China. We will spend time at our Sister School in Nanjing as well as Beijing, Xian & Shanghai. This will enhance our sister school relationship as well as support our learning of the Chinese language.

SCHOOL VISITS
This week we have had visitors from schools around Melbourne. On Monday Spotswood PS visited us to look at our curriculum, programs and school. On Wednesday we had visitors from China and Victorian schools. A busy week!

SCHOOL DISCO
The School Disco is next Friday August 2nd in our school gym.
Prep – 2  4pm – 5pm $4
Grades 3-6  5.15pm - 6.45pm $5

WORKING BEE
A big thanks to those families who came along to the working bee. It was a shame it rained and only some of the work was completed. We managed to plant fruit trees and spread some mulch. If you are able to assist with completing the garden, please let Michael May know.

AWARENESS DAY – 10TH AUGUST
Details of the planned ‘Awareness Day’ on August 10th are included in this newsletter. Our ‘Avenue of Honour’ book should be published by this date ready for sale. Children will have art work displayed on this day.

CURRICULUM DAY
The focus of our Curriculum Day is Mathematics and the continual improvement of our teaching of numeracy to our children.

BALI SCHOOL CLOTHING DRIVE
We are collecting used clothing for our children at our sponsor school in Bali. If you have clothing that you would like to donate, please pop them in the wheelie bin at the office.

Ian, Pam & Leanne
EDUCATION MAINTENANCE ALLOWANCE (EMA)

Parents/Guardians who hold a current Centrelink Benefit Card as at the first day of Term 3 ie: Monday July 15th are eligible to claim the second instalment of the EMA. If you submitted a claim form for the first instalment – but are no longer eligible for the EMA – please advise the school as soon as possible. Applications for the second instalment close on FRIDAY AUGUST 2ND 2013.

LATE CLAIMS CANNOT BE ACCEPTED
Please contact Anita McCarten if you have any queries.

CONVEYENCING ALLOWANCE

SECOND INSTALMENT
If you live more than 4.8kms from the nearest school, you may be eligible to apply for your child/children. Application forms are available from the school office. Applications for Terms 3 & 4 must be submitted by FRIDAY 2ND AUGUST 2012

NO LATE CLAIMS CAN BE ACCEPTED.
If you are already receiving the Conveyance Allowance and your circumstances are unchanged, or you do not have additional children to claim for, it is not necessary to complete an application. Please contact Anita McCarten if you have any queries.

FOUND
A pair of sunglasses were found at the Working Bee last Saturday.

KITCHEN/ALLERGIES
If your child has recently developed a food allergy or if there has been a change, could you please inform the school promptly to ensure we can best cater for your child during Kitchen sessions. Thanks, Robyn Zanon

PAYMENTS
Payments for Excursions, Incursions, Booklists, Camps etc can be made by BPAY, please contact our office for your BPAY details.

LOST
1 Raggedy Doll, belonging to a Prep student. If you know it’s whereabouts, please contact the office.

HAVE FUN WITH BUDDIE AND LEARN ABOUT CYBERSAFETY
SCIENCE FAIR

Monday 26th August

All parents welcome.

Children need to start working on their investigations. Parents, grandparents, uncles or teachers can help.

Please see Mrs McWhinney if you need assistance.

Have fun!
Note: We will recommence our Basketball Clinic program again run on each Wednesday night beginning on the 31st July at the Bacchus Marsh Primary School.

Please note the following & times:

- **Age Group:** Preps – 4.30pm
  40 min sessions consisting of a 40 minute skill program

- **Age Group:** Grade 1 & Grade 2’s – 5.15pm
  We will continue with basics for a few weeks but quickly progress to playing games in teams to develop proper game experience.

These Clinics are open to any child from Grade Preps through to Grade 2 and any questions please do not hesitate to contact me direct on 0409 078400.

**PROPER CLUB COMPETITION**

Last term we had the Magic & Dolphin’s Basketball Clubs both supply coaches and as such many of you may have taken advantage of this and got your child playing proper basketball competition at the BM Leisure centre on a Saturday morning.

Further if your child is still interested in playing on Saturdays the BMBA have age groups from 8 and Under right through to Under 18 in both boys & girls. So please take the opportunity to discuss any queries you may have with me directly and/or any of the Club representatives listed below.

FYI - there are (5) individual Clubs in existence in the BMBA with the following contact details:

- Magic Basketball Club – Grant McMillan – 0411 380093
- Dolphins Basketball Club – Tina Duff – 0415 436640
- Lightning Basketball Club – Kevin Hyde – 0448 594015
- Saints Basketball Club – Colleen Downie – 0412 218481
- Panthers Basketball Club – Dawn Vasjuta – 0438 679062

So if your child has participated in our clinics before we hope to see you and your child attend again for term 3 and likewise if they haven't attended before, but would like to try it each Wednesday night, have a bit of fun whilst learning the basic skills required to play this wonderful game – then come on down.

Note: Cost is $4.00 per child per night and all registration details will be taken on the night.

Regards,
**Wayne Slack**
Head Coach
0409 078400
BACCHUS MARSH GREAT WAR CENTENARY COMMITTEE

Great War Centenary Awareness Day
Saturday 10 August 2013, 10am-4pm

Come and help us prepare for the centenary commemorations 2014–2018!

In partnership with the National Trust Avenues of Honour Education and Awareness Program and with the Moorabool Weekly who will write regular commemorative articles from 2014–18.

EVENTS: Talks | Schools Art display
RSL Display | Sausage Sizzle

RSL Hall
Main Street
Bacchus Marsh

CONTACT
Katrina Bradfield
0412 114263
Damien Strangio
0417 339795
POSITIVE AND PRACTICAL STRATEGIES TO SUPPORT BEHAVIOUR, LEARNING AND SOCIAL SUCCESS FOR STUDENTS WITH AN AUTISM SPECTRUM DISORDER

PRESENTED BY CRISTINA ISAAC

Cristina Isaac is a former primary teacher and the parent of four children, two with Asperger Syndrome. She has been involved with Autism Spectrum Support groups for 14 years. She is a qualified adult trainer, facilitator and parent educator. She is passionate about Autism and providing positive practical strategies to educators and parents to support people with Autism Spectrum.

Cristina was a speaker at the Victorian Autism conference 2012 presenting “Becoming a Behaviour detective to improve difficult behaviour”

This session will provide practical strategies for the classroom, better communication techniques and visual strategies for improving difficult behaviours, learning and social success for students with autism.

- Positive Behaviour support
- Basics of behaviour
- Tantrums and meltdowns
- Communication tips
- Visual Supports
- Rewards and motivation
- Sensory issues
- Calming strategies
- Strategies to assist social skills
- Playground issues
- Powerpoint notes included

WHEN: Friday 23rd August 2013
AT: Sovereign Park Motor Inn, Main Rd Ballarat
TIME: 9.30—1.00 Includes morning tea
Cost: Parents: $20 Professionals: $55

Registration options: Phone Kris 53 412 768
Email: kks@netconnect.com.au
Complete registration form
Tax invoice with bank deposit details available on request
Registration required by Monday 19th August
Registration Form for Autism Seminar - Cristina Isaac

Positive & Practical Strategies to support behaviour, learning and social success for students with Autism Spectrum Disorder

Friday 23rd August Sovereign Park Motor Inn
Main Rd Ballarat   9.30 - 1.00

Ballarat Autism Network   ABN: 427 267 391 79

Registration Form / Tax Invoice  23rd August 2013

Organisation:______________________________________
Number attending: ________________________________
Names:
1____________________________________2_____________
3___________________________________4______________

Email contact:
___________________________________________________

Phone contact:_____________________________________

Cost:   □ Parent/carer $20   □ Professional $55

Total payable: $______________________________

Registration options: complete form and email - kks@netconnect.com.au

Payment options: Direct Deposit □   cheque □   PO Box 1422 Bakery Hill PO 3354

Cash -□   pay at the door

A Tax Invoice is available on request with Direct Deposit details

Registration by Mon 19th August
Do your children have asthma or allergies?

Are you a part of the local footy team, scouts club or netball club?
Do you worry about your children's asthma when they are not at home?
Learn practical strategies for helping your children to live well with asthma each day from people who know.
Join The Asthma Foundation of Victoria's online forum. Ask a question, share your story, meet with others in your area. Call (03) 9326 7088 for more information or follow the link below.

Asthma tips for Parents and Carers this Winter

Winter can be a hard time for people with asthma as cold weather, coughs, colds and the flu can bring on more symptoms and attacks.

• The common cold is caused by a virus and it is important to try not to cough and sneeze near other people, and to wash hands properly to prevent passing on the infection. The flu is different to the common cold and can be a much more serious viral infection.
• People with asthma are recommended to have an annual influenza vaccination (the flu shot). Preventing the flu protects people with asthma, as those with asthma are often unwell for longer and have a much harder time recovering from the flu.
• Make sure your child’s asthma is well-controlled; this will help them to bounce back quicker from a cough or cold and will help prevent asthma attacks when they are unwell.
• Some medications and herbal remedies that we use for colds and flu can make asthma worse. Speak to your doctor or pharmacist about any concerns you may have.
• Antibiotics are not normally prescribed for the common cold, or influenza, as these medications will not help a cold get better. Effective medications may include paracetamol and decongestants; however seek advice from your doctor or pharmacist before purchasing them for your child.
• Suggested remedies for the flu and the common cold are: rest, staying hydrated by drinking plenty of water, staying away from cigarette smoke, using steam inhalation, gargling with salty water for a sore throat and seeking medical advice if concerned at any time.

For more information on the common cold, medications and references used in this article please see the Better Health Channel (State Government of Victoria) - www.betterhealth.vic.gov.au and the NPS website - www.nps.org.au.
Contact The Asthma Foundation of Victoria on 1800 ASTHMA (1800 278 462) or www.asthma.org.au.
PLEASE SUPPORT OUR GENEROUS SPONSORS

COLOUR FX
Face Painting
Kerriann Noack – Artist
0429 020 771
info@colourfx.com.au

THE SOAP DISH
Handmade soap the old fashioned way
Susannah Iredale
www.thesoapdish.com.au
Email:susannahiredale@hotmail.com

BACCHUS MARSH NURSERY & FLORIST
Main Street, Bacchus Marsh
Phone 5367 2070

WILSONS HARDWARE
13 Grant Street, Bacchus Marsh
Phone  5367 2089

TOYS, TOES & TREASURE
(formerly Gisborne Toy Kingdom)
28A Hamilton Street, Gisborne
Phone 5428 3855

AARON’S AMUSEMENTS
Bacchus Marsh
1300 122 785
<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
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<tbody>
<tr>
<td>July 26</td>
<td>Curriculum Day</td>
</tr>
<tr>
<td>August 2</td>
<td>School Disco</td>
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<td>August 6</td>
<td>School Council</td>
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<tr>
<td>August 7</td>
<td>China Trip Information Night 7pm</td>
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<tr>
<td>August 12</td>
<td>Book Week / Grade 1 Library Performance</td>
</tr>
<tr>
<td>August 19</td>
<td>Curriculum Day</td>
</tr>
<tr>
<td>August 26</td>
<td>Science Fair / Science Week</td>
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<tr>
<td>August 26</td>
<td>School Photos</td>
</tr>
<tr>
<td>August 27</td>
<td>Grade 6 Space Centre Outreach Visit</td>
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<tr>
<td>August 28</td>
<td>Grade 5 Space Centre Outreach Visit</td>
</tr>
<tr>
<td>September 2-4</td>
<td>Grade 4 Camp</td>
</tr>
<tr>
<td>September 10</td>
<td>Jump Rope For Heart</td>
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<tr>
<td>September 10</td>
<td>School Council</td>
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<tr>
<td>September 11-13</td>
<td>Grade 3 Camp</td>
</tr>
<tr>
<td>September 13</td>
<td>Grade 6 Summer Sports Day</td>
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<tr>
<td>September 17/18</td>
<td>Grade 6 Production</td>
</tr>
<tr>
<td>September 19</td>
<td>Division Athletics</td>
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<tr>
<td>September 19</td>
<td>Grade 2 Sovereign Hill</td>
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<tr>
<td>September 19</td>
<td>Division Athletics</td>
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<tr>
<td>September 20</td>
<td>Last Day Term 3</td>
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<tr>
<td></td>
<td>2.30pm dismissal</td>
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</tbody>
</table>
ADVERTISING

Bacchus Marsh Primary School is a community school and we are happy to distribute information from community groups. Please be aware that these forms of communication/information are not endorsements from our school.

Bring in this ad and receive a 10% Discount

28 Hamilton Street, Gisborne VIC 3437 Phone (03) 5428 3855

Come in to see our extensive shoe range

Our friendly trained staff are available for fittings
BALLIANG EAST PRIMARY SCHOOL
TO CELEBRATE 100 YEARS!

1913 — 2013

Calling all past teachers, students and parents! Please come and join us in celebrating our 100th Birthday on Saturday Nov 16th 2013.

Some activities on the day will include a tour of the school, a dinner, a celebration cake, roll calls, a time capsule and opening of the Centenary Garden.

WE NEED YOUR HELP!
We are seeking all photos and memorabilia to include in a commemorative book which will be available for purchase and displayed on the day. In addition, if you know of anyone who can help with our search, please inform them of our upcoming event.

Please contact the school to register your details for an invitation:

Phone: 03 5369-5148 or email us at: balliang.east.ps@edumail.vic.gov.au
Wheels For Cooper Fundraiser

Trivia Night

Friday 6th September 2013
7pm at St Bernards Hall
Bacchus Marsh

$20 per ticket
Signed Memorabilia for auction
silent auctions, Door Prizes
and lots of raffles

Contact Lisa 0400 666 324 or
Renee 0427 711 144
To Book or Join a Table
Tea/Coffee and snacks provided

Check out Coopers Facebook page
https://www.facebook.com/coopervandermolen4

BYO Alcohol
INTRODUCING KIDS & TEENS CLASSES
15th July – 20th September

**Kids Muay Thai/Kickboxing**

Muay Thai/Kickboxing is one of the easiest sports to learn in the world!

It is looked upon as one of the most exciting and effective forms of martial arts. Along with physical fitness, your child will learn respect, discipline, self confidence and how to overcome insecurities, as well as large array of techniques. We focus on personal growth of each child in a fun, safe and positive environment!

**Fit Kids**

Fit Kids is a fun, exciting new fitness program designed specifically for kids and teenagers. Our aim is to help them develop a lifelong love of fitness, as well as a little fun along the way! In a positive group atmosphere we will engage in a variety of fun individual and team workouts that will give them that head-start in life and assist them in becoming well rounded athletes!

All of our coaches have current working with children’s checks

### INVICTUS FITNESS & MIXED MARTIAL ARTS

5 KENNEDY PLACE, BACCHUS MARSH - INVICTUSFITNESSMMA@GMAIL.COM - CRAIG - 0411 398 647 / TONI - 0411 607 389

<table>
<thead>
<tr>
<th>Time</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
</tr>
</thead>
<tbody>
<tr>
<td>6:00 - 6:45</td>
<td>Strength &amp; Conditioning</td>
<td>Strength &amp; Conditioning</td>
<td>Strength &amp; Conditioning</td>
<td>Strength &amp; Conditioning</td>
<td>Strength &amp; Conditioning</td>
<td>Double Trouble</td>
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<tr>
<td>7:00 - 7:45</td>
<td></td>
<td>Strong &amp; Conditioning (9:15-10)</td>
<td></td>
<td></td>
<td></td>
<td>Brazilian Jiu Jitsu * (10:45-12:15)</td>
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<tr>
<td>9:00 - 9:45</td>
<td></td>
<td>Tummy Hips And Thighs</td>
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<td></td>
<td>Core/ Cardio Circuit</td>
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<tr>
<td>10:00 - 10:45</td>
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<td></td>
<td>Fit Kids</td>
<td></td>
<td>Kickboxing</td>
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<tr>
<td>10:45 - 12:15</td>
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<td></td>
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<tr>
<td>16:15 - 17:00</td>
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<td>Kids Muay Thai 8-14yo</td>
<td></td>
<td>Kids Muay Thai 8-14yo</td>
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<tr>
<td>18:30 - 19:15</td>
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<td>19:15 - 20:00</td>
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<tr>
<td>20:00 - 20:45</td>
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</table>

**JOIN NOW!** LIMITED PLACES AVAILABLE

Contact: Craig Harvey 0411 398 647 OR Toni Lane 0411 607 389